

# Fresh Produce Yields

## Vegetables

Commodity	Industry Pack Size	Application	% Industry Yield (based on weight)	Markon Brand	Markon Product Description	Markon Pack Size	% Markon Yield (based on weight)
Broccoli	20 LB - 14s - iced	Floret	68%	RSS	Broccoli Florets, Regular & Bite-Sized	2/3# & 4/3#	100%
Cabbage	50 LB 24 heads	Shred or diced	80%	RSS	Cabbage, Shred & Diced	4/5#	100%
		Coleslaw	80%	RSS	Coleslaw Kit	4/5#	100%
Carrots	50 LB (7/8"-1 3/8" diam)	Shred (machine)	56%	RSS	Carrots, Shred	2/5#	100%
		Coin (machine)	52%	RSS	Carrots, Coin Cut	2/5#	100%
	50 LB (1 1/2"-2" diam)	Stick	40%	RSS	Carrots, Sticks	2/5#	100%
Cauliflower	12 count	Floret	62%	RSS	Cauliflower Florets, Regular & Bite-Sized	2/3#	100%
Celery	24 count	Split stick	82%	RSS	Celery, Sticks	4/5#	100%
	30 count	Split stick	76%	RSS	Celery, Sticks	4/5#	100%
		Diced	78%	RSS	Celery, Diced	4/5#	100%
	36 count	Split stick	77%	RSS	Celery, Sticks	4/5#	100%
	36 count	Diced	80%	RSS	Celery, Diced	4/5#	100%
Garlic	By weight	Whole peeled	88%	RSS	Garlic, Whole Peeled	4/5#	100%
Green Onions	4 doz bunches (48 count)	Diced	83%	RSS	Green Onions, Washed & Trimmed	2 LB & 4/2#	95%
		Diced	83%	RSS	Green Onions, Clipped	2 LB & 4/2#	100%
		Diced	83%	RSS	Green Onions, Long Tops	15 LB	95%
Kale, Green & Flowering	18-LB bushel	Whole leaves	70%	RSS	Kale, Green, Washed & Trimmed	4/2.5#	100%
	25-LB bushel	Whole leaves	70%	RSS	Kale, Flowering, Washed & Trimmed	2/2.5#	100%

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Iceberg Lettuce	24 count	Chopped	65%	RSS	Lettuce, Chopped	4/5#	100%
	24 count palletized	Chopped	74%	RSS	Lettuce, Chopped	4/5#	100%
		Lettuce wraps	20%	RSS	Lettuce Jammers	5 LB	80%
	Four 6-count bags	Chopped	84%	RSS	Lettuce, Chopped	4/5#	100%
Salad		84%	RSS	Salads: American Blend, Insalata Mix, Salad Premix & Separate, 80/20 Iceberg/Romaine, 50/50 Iceberg/Romaine	4/5#	100%	
Romaine Lettuce	24 count	Plate garnish or sandwiches	58%	RSS	Romaine Leaf Fillets	2/10#	100%
		Plate garnish or sandwiches	58%	RSS	Romaine, Washed & Trimmed	2/5#	100%
		Salad	63%	RSS	Romaine Ribbons	6/2#	100%
		Salad	63%	RSS	Romaine Hearts, Washed & Trimmed	2/7.5#	100%
		Salad	63%	RSS	Romaine, Chopped	2/2# & 6/2#	100%
Green Leaf Lettuce	24 count	Plate garnish or sandwiches	75%	RSS	Green Leaf Fillets	2/10#	100%
		Salad	77%	RSS	Green Leaf, Washed & Trimmed	2/5#	100%
Onions, Yellow No. 1	50 LB Jumbo 45 onions/bag	Sliced	84%	RSS	Onions, Sliced	2/5# & 4/5#	100%
		Rings	84%	RSS	Onions, Rings	2/5# & 4/5#	100%
		Whole Peeled	84%	RSS	Onions, Whole Peeled	20 LB, 25 LB, & 30 LB	100%
		Diced	91%	RSS	Onions, Diced	2/5# & 4/5#	100%
Spinach	20-LB bushel	Salad	70%	RSS	Spinach, Triple Washed	4/2.5#	100%
	Eight cello packs per carton	Salad	85%	RSS	Spinach, Triple Washed	4/2.5#	100%

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Sources:  
Produce Marketing Association  
Markon Cooperative, Inc.



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## Fruit

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Avocados, Hass	48 count	Pulp	67%	RSS	Avocado Pure Pulp & Pico De Gallo Guacamole	6/2#	100%
	60 count	Pulp	66%				100%
	70 count	Pulp	67%				100%
Cantaloupe	12 count	Slice (with rind)	90%	RSS	Cantaloupe Chunks	8-LB, 2/8#, & 24-LB	100%
	15 count	Slice (with rind)	89%				
	18 count	Slice (with rind)	91%				
	12 count	Chunk	69%				
	15 count	Chunk	74%				
Honeydew	6 count	Slice	93%	RSS	Honeydew Chunks	8-LB, 2/8#, & 24-LB	100%
	8 count	Slice	92%				
	6 count	Chunk	67%				
	8 count	Chunk	66%				
Oranges, Navel or Valencia	88 count	Wedge, peeled	61%	RSS	Orange Sections	8-LB & 2/8#	100%
	113 count	Wedge, peeled	63%				
Pineapples	6 count single layer	Chunk	56%	RSS	Pineapple Chunks	8-LB & 2/8#	100%
		Ring	52%	MFC FP	Pineapple, Large	24 LB	63%
		Chunk	56%				
		Ring	52%	MFC FP	Pineapple, Large Crownless	26 LB	77%
		Chunk	56%				
8 count double layer	Chunk	51%	MFC FP	Pineapple, Medium	24 LB	58%	

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